

**AIDT EMPOWERING TEAMS**  
(4 HOURS)

- I.** Types of Teams
  - A. Traditional Model
  - B. Team Spirit Model
  - C. Cutting Edge Model
  - D. Task Force Model
  - E. Cyber Team
  
- II.** Four Stages of Team Development
  - A. Forming
  - B. Storming
  - C. Norming
  - D. Performing
  
- III.** The Importance of Attitude
  
- IV.** What's In It For Me? (WIIFM)
  
- V.** What's My Team Member Style? (Assessment)
  
- VI.** Communication
  - A. Verbal
  - B. Non-Verbal
  
- VII.** Consensus Decision-Making
  
- VIII.** Consensus Decision-Making Rules
  
- IX.** Characteristics of an Effective Team
  
- XIII.** Desert Survival
  - A. Simulation that emphasizes the importance of effective and efficient teams.

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Empowering Teams is a workshop specifically designed to focus on the characteristics of effective team players and the elements of effective teams. Participants will leave the course having explored: the work practices of high performing teams, the eleven characteristics of an effective team, and how to develop team problem-solving and assessment skills.